

Newsletter for families **battling DIPG/DMG!**

Warrior parents are always interested in holistic options-including diet and herbal supplements. Some may be very helpful for pain management especially as you near the end of your fight. Always discuss any changes to diet, lifestyle or medicine before starting with your treating physician as some may force you to be excluded from trials or have not well known negative side effects with DIPG.

Need help with something or have a question? Email me!



Medical Highlight

Information on a study concerning Ketogenic Diet and DIPG. Always talk to your doctors before starting something outside their protocol.



Learn more and register!

Click Photo for link to current trials in the US.

Products we love!

Symptom Help Visual breathing exercises and tools can be so helpful with anxiety- especially in a medical setting! We love this adorable sloth which ques breaths!

> Click photo for a link. Let the color guide your breath



Did You Know....
There are some holistic treatments that insurance will cover! Things like massage, acupuncture and even art/music therapy may be covered by insurance. Check with your provider as well as doctors before starting anything!

