



**Welcome to the new weekly newsletter**

**for families who are missing their loved one gone due to DIPG/DMG!**

**We are starting to do a monthly Bingo to raise money to help even more families struggling! If you would be interested in letting us share your angels story, photo please email me! I would love to hear about your warrior angel.**

**Need help with something or have a question? Email me!**



## **Ways to Remember**

**During spring, when nature is renewed, grief over the loss of a child can be particularly challenging. To cope, focus on honoring your child's memory, building a support system, and actively engaging in self-care. Remember to be gentle with yourself, allow for the full spectrum of emotions, and seek professional help if needed.**



**6 tips to  
deal with grief**

## **Garden Remembrance**

**Spring can be so hard with seeing the changing of a season without our loved one and new life. I love to make our whole garden a place for remembrance from special flowers in her "Easter Basket" to solar lights, memorial stones and especially wind chimes like the one below. click the photo to view it if interested.**



**This month we remember  
Mary S- Birthday 4/25, Forever 7  
Add your child to our remembrance  
below:  
[Click Here](#)**

**Marc Jr  
FOUNDATION  
[www.marcjr.org](http://www.marcjr.org)**